



Govt. Degree College

Tral-192123- (Kashmir)

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Awareness Programme on the "Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013"

Brief Report

An awareness programme on the **Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 (POSH)**

was successfully organized on **07-01-2025** by NSS Units I & II of Government Degree College Tral. The session aimed to educate participants on the legal provisions of the POSH Act and promote a safe and respectful workplace environment.



The programme commenced with an introductory address by Dr. Sami Ullah Rather, Assistant Professor (Kashmiri) highlighting the importance of gender equality and the significance of creating awareness about workplace harassment.



The session included an informative presentation on the key features of the POSH Act, which include the mechanisms for prevention, prohibition, and redressal of sexual harassment at workplaces.

harassment at workplaces.



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Participants were actively encouraged to:

1. Promote understanding of gender equality and contribute to fostering a culture of respect and inclusivity.
2. Familiarize themselves with the provisions of the POSH Act to recognize, address, and prevent instances of sexual harassment.
3. Feel confident in reaching out to the Anti-Sexual Harassment Cell for support, reporting incidents, or seeking guidance when needed.

Emphasis was laid on the confidentiality of the complaint process and the importance of timely reporting to ensure swift redressal.

The programme concluded with an open-floor discussion where participants shared their perspectives and sought clarifications. The event served as a crucial step toward creating a harassment-free workplace and empowering individuals to stand against any form of gender-based discrimination or harassment.



NSS Programme Officer I

Dr. Mehraj ud Din Sheikh

Principal